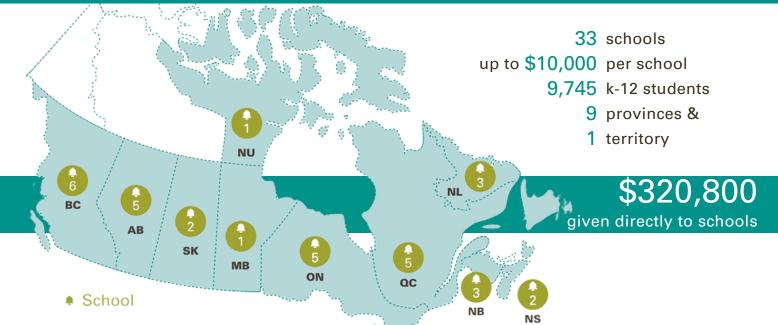


Farm to School Canada Grants

Delivered in partnership with



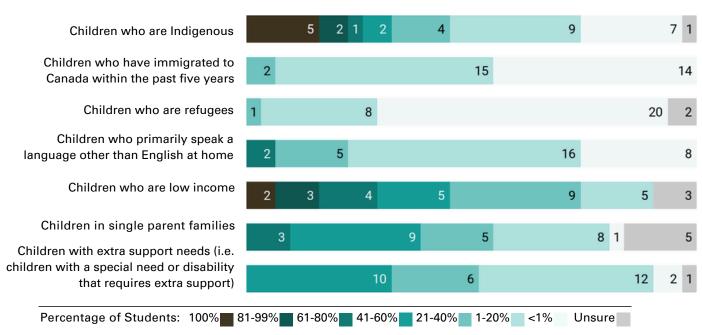
since 2016





Delivered directly to schools, the Farm to School Canada Grants program is transforming school food in Canada by providing access to funding, training, and other resources to deliver meal services that bring more healthy, local and culturally appropriate foods into schools where students can create their own plates and build their own bowls while also providing students with opportunities to engage with the food system in their community through hands-on food literacy.

Schools that serve...



The figure above shows student population demographics of 31 of the 33 grant recipient schools as of the 2022/2023 school year. The number on each bar section indicates the number of schools who selected that category.

Grant Activities



Grant activities took place between September 2022 and June 2024.

81%

of schools started or continued salad bar style meal service as part of their farm to school program





94%

of schools engaged students in hands-on learning.

91%

of schools were able to purchase equipment to facilitate school food activities.

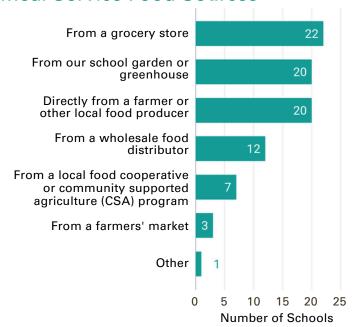




87%

of schools plan to continue food literacy activities after the end of the grant term.

Meal Service Food Sources



The chart above shows the food sources that schools shared they use for their meal programs.

Salad Bar Meal Services Going Forward

When asked whether their salad bar (or meal program adaptation) will be continued after the grant period and why, grant recipients responded:

Yes (81%)

- beneficial to students (health and enjoyment)
- effective systems are now in place
- improves community relationships
- provides good opportunities for learning

No (7%)

 unable to convince cafeteria food providers to integrate on an ongoing basis

Unsure (13%)

- if there is teacher and/or admin support
- if funding can be secured

During the grant term, students:

- Tasted local foods
- Gardened at school
- Visited a farm, fisher,
 forager, or other producer
- Composted food waste
- Cooked/preserved local food

From Challenges to Keys to Success

Schools were asked about challenges they encountered in their farm to school program and what strategies they found useful in addressing those challenges.

Themes were compiled for both questions using qualitative data analysis. It was found that the most commonly stated answers for both questions largely overlapped as shown in the Venn diagram below. These overlapping themes provide valuable insights into the keys to success for farm to school programs.

Challenges

Strategies to Overcome Challenges

- program economic viability
- growing conditions
- school board policies
- addressing teacher
 & administration
 buy-in, time, and
 turnover
- securing a program lead
- finding reliable and qualified volunteers
- building community connections

- sharing positive impacts of the program
- engaging student support via dedicated courses and clubs
- building & sharing knowledge

Impact Statements

- We have been able to upgrade our kitchen and purchase the needed equipment to preserve, store and prepare food. We have also developed community partnerships that not only support our food program, but engage our students in learning about nutrition, traditional foods, gathering and gardens."
- Receiving the F2SC grant was instrumental in getting our program off the ground. With the money received students have expanded their horizons in all aspects surrounding food. We have been able to focus on traditional foodways and have incorporated a plethora of culturally appropriate food. Students have grown their own food, have learned to process animals like fish, geese, and bison, and have become stewards of their own food sovereignty."

Grant Impacts

Public Health

of schools increased students'

97% willingness to try new vegetables and fruits.

of schools increased the amount of healthy food that they procure and provide to students.

of schools increased students' ability to access healthy food in a dignified way regardless of their ability to pay.

Education & Learning

of schools increased the number and quality of opportunities for students to learn and demonstrate food skills (ex. gardening, food preparation, etc.).

94% of schools created a greater sense of vibrancy and excitement in the school.

Environment

of schools increased the number of school events and activities that raise awareness about sustainable food system practices.

of schools increased the amount of students that are **engaged in their local food system** while at school.

Community Economic Development

of schools increased the amount of local food they procure and provide to students.

Stories

- We learned how to grow vegetables, and it taught us the importance of local organic food." Cameron (student)
 Read the full story
- It is so wonderful to see the variety the students choose and the excitement to try new things." Teacher Read the full story



Salad bar that is a part of Kings County Academy's transition from a contracted food service provider to a PTA-run cafeteria. Read the full story.

Witset Elementary School Garden (click to watch)

New food program gives high school students lessons in sustainability — and tasty tacos (click to watch)



Find more stories here.





Thank You

A very special thank you
Whole Kids for making the
Farm to School Canada
Grant program possible.
These grants embody
F2CC's mission to transform
how food is experienced,
learned & celebrated in all
schools across Canada and
they are a testament to our
belief that supporting
school food systems can
lead to broader, lasting
change.

Each year we're amazed and inspired by what our grant recipients achieve. We look forward to welcoming the 2024-2026 Grantees this fall.

Capacity Building Impacts

In F2CC's work, we strive to grow capacity in 7 key ways:

- Knowledge & skills about key themes related to school food
- Ability to influence policy (federal, provincial, or local)
- Funding and fundraising capacity
- Relationships and connections
- Validation & inspiration around the importance of the work

Farm to School Canada Grant recipients shared that their grant experience increased their capacity in these areas:

Inspiration 96%

Knowledge 84%

Skills 100%

Validation 97%

Building capacity to transform how food is experienced, learned and celebrated in schools

35%

Relationships 100%

Funding **71%**





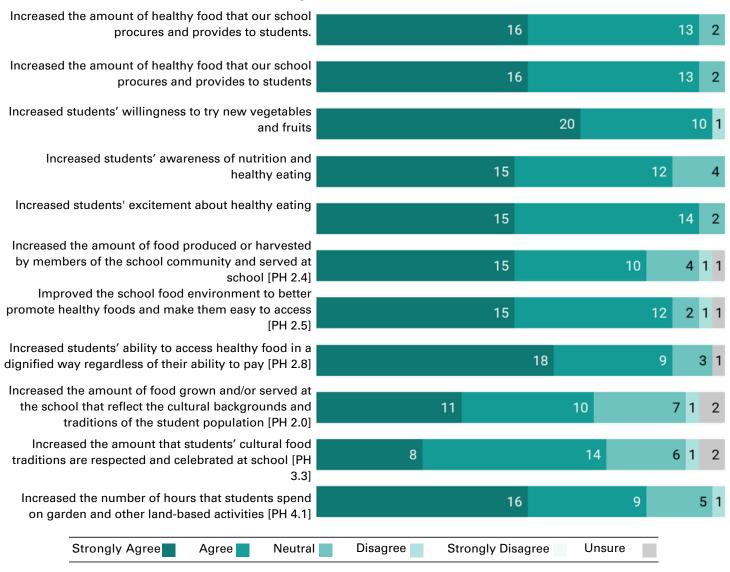
This section provides a fuller set of evaluation data using the indicators in the Farm to School Evaluation Framework for Canada. **The Framework, along with other evaluation tools and resources can be found here.**

Please note:

- [Brackets] after a statement reflect a specific Framework indicator that has been determined to be a "priority" indicator, and therefore assigned a unique identifier.
- n=31

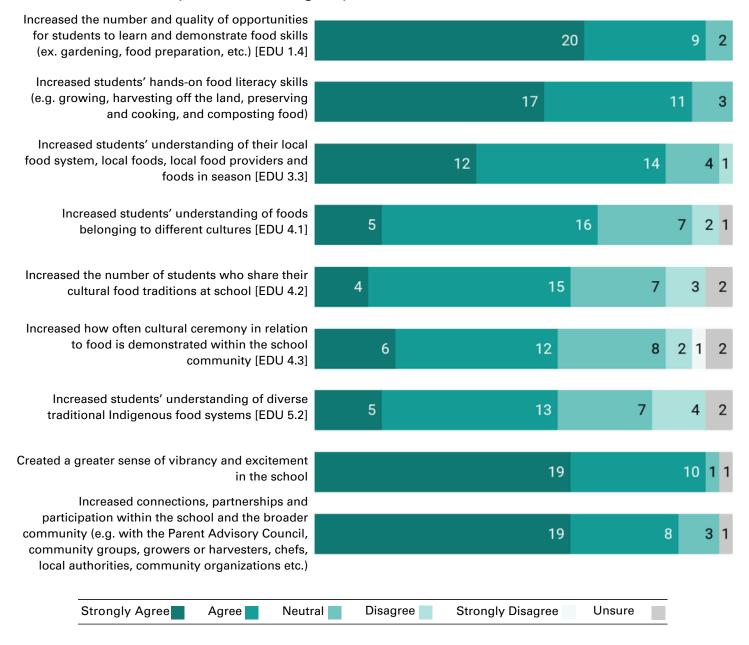
Public Health

Receiving a Farm to School Canada grant has impacted our school community in the following way(s):



Education & Learning

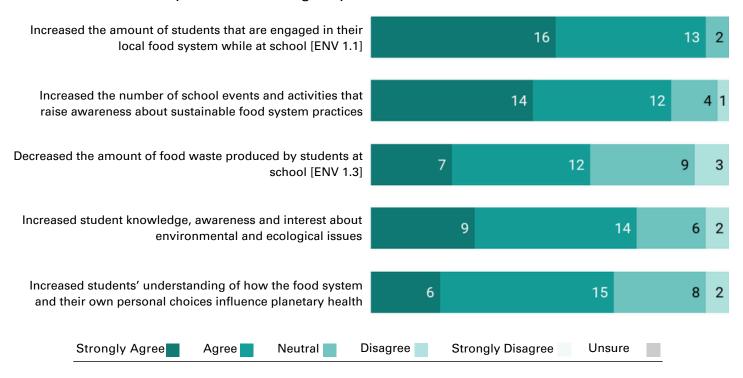
Receiving a Farm to School Canada grant has impacted our school community in the following way(s):





Environment

Receiving a Farm to School Canada grant has impacted our school community in the following way(s):



Community Economic Development

Receiving a Farm to School Canada grant has impacted our school community in the following way(s):

