



*Transforming how food is experienced, learned and celebrated in all schools across Canada.*



*Apologies – we had sent this out last week but just realized that only a small group of people received it. We're resending it to our full list now.*



## Announcing Nourishing Indigenous Food & Foodways in Schools

**This Indigenous History Month, as we acknowledge, honour and celebrate the diverse First Nations, Inuit and Métis people of what we now call Canada, Farm to Cafeteria Canada and its partners, including Indigenous and non-Indigenous organizations and school communities, are pleased to launch a four-year initiative to support Indigenous food and foodways in schools.** Made possible thanks to the funding support from the Public Health Agency of Canada, Whole Kids Foundation, The Schad Foundation and many other contributors, the initiative will support Indigenous school communities throughout the country to have more capacity to harvest, preserve, grow, and serve more Indigenous food and other nourishing food to children and youth, including harvested plants, game, and fish from nearby lands and waters, and to engage students in Indigenous foodways and gaining food skills.

We are honoured to hold a space to steward this important initiative and to celebrate and honour Indigenous history and culture in school food each month of the year and we look forward to sharing the journey with the F2CC community.



[Learn More](#)

## FEATURED RESOURCES

### Have you seen the FNHA Common Language Project Report?



#### When considering common

**language**, we often think of the words we use in our everyday conversations within our distinctive regions - language holds our stories, that have been with our families and cultures since time immemorial and will continue to grow and shape our cultures into the generations ahead. However, we may not think about the rich diversity of Indigenous language groups, or the people so rich with lived experience, in the various provinces and territories with whom we share the land.

In BC, Kathleen Yung, a Specialist, in Healthy Eating and Food Security with the First Nations Health

Authority ([FNHA](#)), along with consultants Fiona Devereaux, Dietitian and Indigenous anti-racism Facilitator, and Professional Chef Jared Qwustenuxun Williams, both from [Qwustenuxun Consulting](#), took a decolonizing lens to the importance of identifying the common terms used in their work and collaborated on this project to facilitate the development of the Common Language toolkit. You can check out the [report here](#) and the [webinar recording here](#).

[Read the full post](#)



## Reconciliation Resource List

**F2CC envisions meaningful school food environments where all students feel welcomed and nourished in body, mind and spirit.**

We also acknowledge that Canada's colonial history includes many traumas created by both residential schools and harms done through food, and many of these systems persist today.

We have been working within our own team to envision how our mandate and operations can better include and reflect Indigenous voices, perspectives, values, and knowledge. As part of this, we've developed a collection of books, articles, essays, podcasts, movies, video recordings and more in support of our learning journey.

[Explore the Resource List](#)



## Join Our Indigenous School Food Circle

**Did you know that Farm to Cafeteria Canada, in collaboration with the Coalition for Healthy School Food and Canadian Feed the Children, co-hosts the Indigenous School Food Circle?** This spring, we have been thrilled to welcome [Sue-Anne Banks](#) to our team as the Coordinator and Co-host of this initiative.

This Circle has been established: (1) To inform how to better advocate for funding for school food programs in Indigenous communities and for Indigenous students, and (2) To support replication, networking and sharing of best practices among those who are coordinating and supporting school food programs in Indigenous communities and for Indigenous students.

[Learn more about the Circle](#)



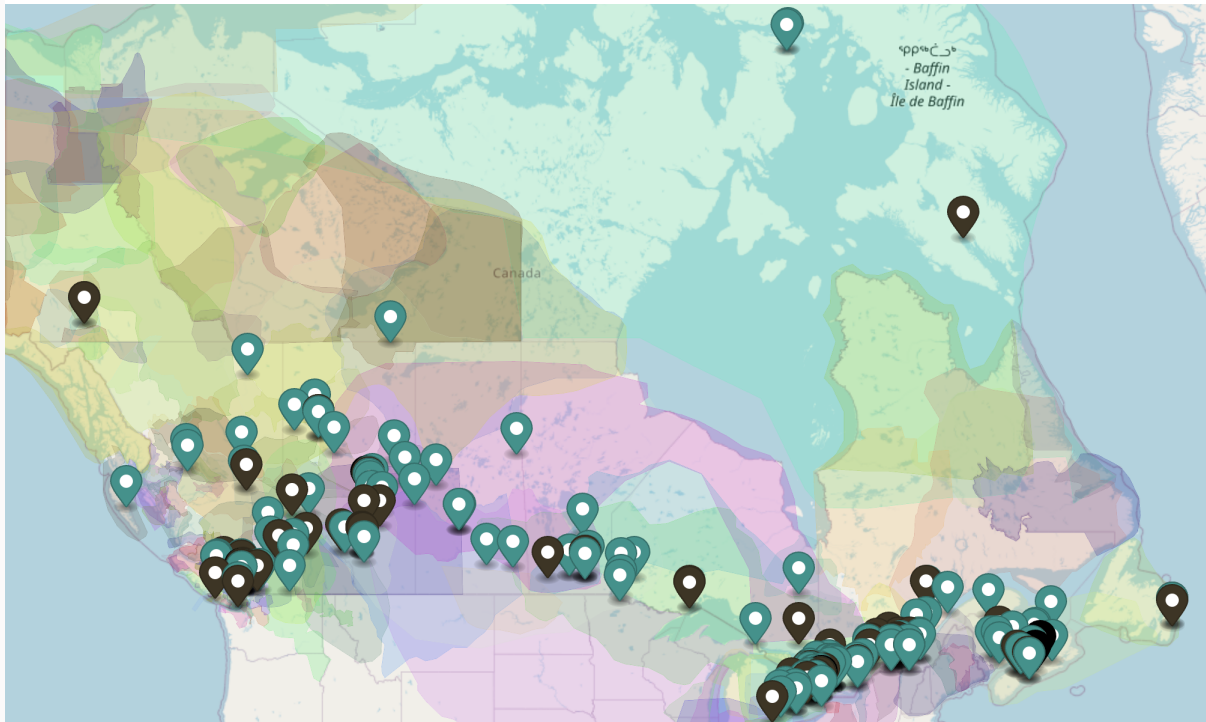
## Inspiring School Stories

**Our Nourishing Relations site provides a growing list of inspiring stories and “how-to’s” intended to help bring Indigenous foodways into more classrooms and school meal programs.**

Many of F2CC's grant recipients identify as Indigenous schools or serving Indigenous students facilitating connections to the land and culture for their students are integral parts to

their programs. Explore stories from current and past grant recipients and find more resources on Indigenous foodways in schools.

[Find stories of inspiration](#)



## Map the change you want to see in school food!

***In as little as 5 minutes, YOU can help inform school food program and policy development in Canada!***

Did you know that Canada's School Food Map has an option to display Indigenous Territories? Thanks to a collaboration with [native-land.ca](https://native-land.ca) you can explore the Indigenous lands where schools and community partners across the country are located. Simply look for the "Toggle On" button on the bottom left hand corner of the map.

By registering yourself on Canada's School Food Map, you're helping to document activities happening across Canada to transform how food is experienced, learned and celebrated in schools.

If you represent a school, community organization, farmer or other local food producer, then you can register on the map!

[Register now!](#)



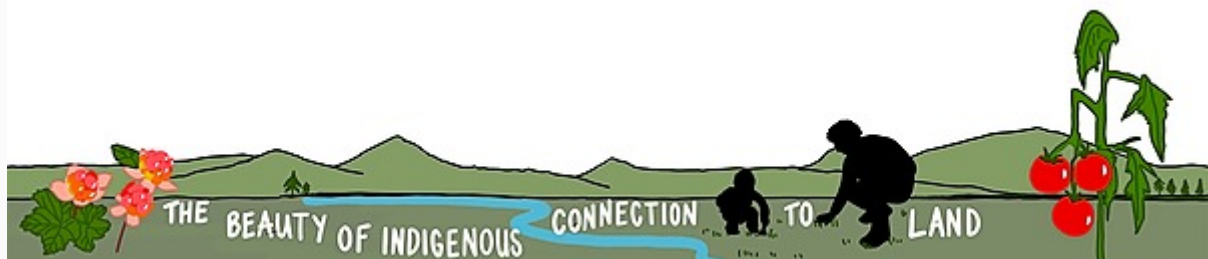
## 10 Ways to Get Involved!

Whether you are brand new to Farm to Cafeteria Canada, or a long-time member of the community, there are lots of ways to get involved!

[Get Involved](#)

[Donate](#)

*Farm to Cafeteria Canada's team and project partners acknowledge that we live, work and play on the ancestral lands of the diverse First Nations, Inuit and Métis people of what we now call Canada. Farm to Cafeteria Canada is committed to reflecting, honouring and amplifying Indigenous voices, perspectives and values in our work. To learn more please visit our [Nourishing Relations](#) page. To learn the traditional territories on which our individual team members are located, please visit our [team page](#).*



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